

Information booklet

OPEN INTERNATIONAL 2025





OPEN INTERNATIONAL

**Saturday 06 & Sunday 07 December
2025**

*Technique et Combat semi-contact
Technical event and half-contact fighting.*

9h - 19h | PALAIS des SPORTS Maurice THOREZ
12 Avenue Henri BARBUSSE - 94400 VITRY sur SEINE

  vocotruyen-france.fr

Fédération Vo Co Truyen Vietnam de France

Siège social : 106, Boulevard de la Résistance
93460 Gournay sur Marne

<http://www.vocotruyen-france.fr>

Identification R.N.A.: W751204240

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We are pleased to welcome you to the Open International Vo Co Truyen, which will be held on December 6 and 7, 2025, in Vitry-sur-Seine, in the Paris region (France). This exceptional event will bring together delegations from around the world around the common passion for Vietnamese martial arts.

This document aims to present the course of the competition:

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Registration modalities:

- For foreign clubs, registration is free.
- **To register, please complete the attached Excel** spreadsheet, respecting the club quotas (see the open categories section on p. 7), and send it to competition@vococotruyen-france.fr
- Online registration is mandatory **before November 16, 2025**

Planning:

Saturday, December 6, 2025

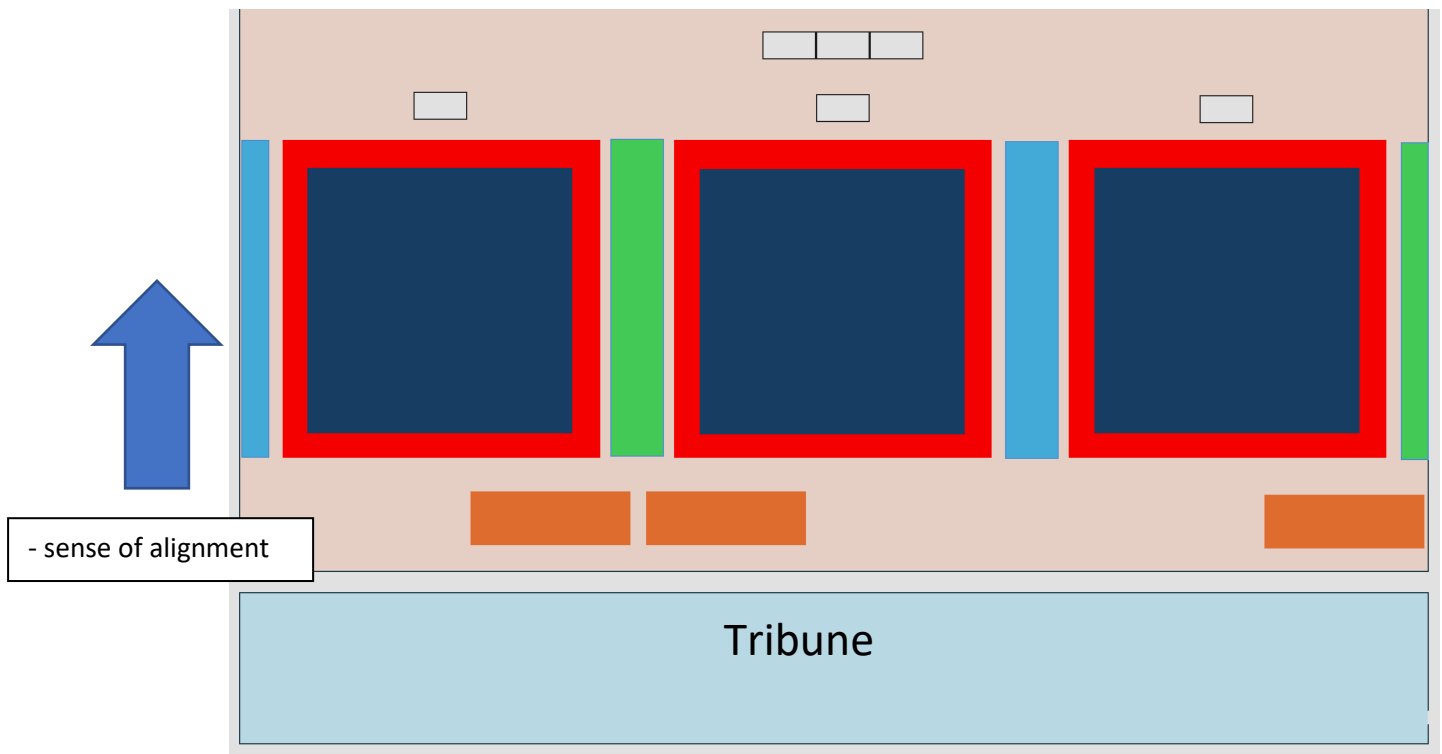
- **08:30:** Preparation of the hall
- **09:00:** Welcome of the competitors
 - Check-in, badge distribution
 - Referee meeting
 - ✓ Commissioners
 - ✓ Judges
- **09:30 :** Welcome of the guests
- **09:45 :** Opening of the competition
 - General greeting
 - Speech by the Mayor
 - Speech by the representative of the Vietnamese embassy
 - Speech by the president
 - Instructions from the competition manager
- **10:30: Start of the performances**
- **13:00:** Weigh-ins (near the training area)
- **19:00: End of the Technical competition**

Sunday, December 7, 2025

- **09:00:** Welcome of the competitors
 - Check-in
 - Weigh-ins (near the training area) Weigh-ins will take place in a determined order soon, with specific slots for each age category in order to start the competition as quickly as
 - Referee meeting
 - ✓ Commissioners
 - ✓ Judges
- **09:15:** Welcome of the guests
- **09:30:** Opening of the competition
 - End of weigh-ins
 - General greeting
 - Speech by the president
 - Instructions from the competition and arbitration manager
- **10:00: Start of the fights**
- **17:00: End of the Combat competition**

General greeting:

To start on time and out of respect for the guests, it is important to follow the following instructions:
at 09:45 all clubs must be aligned according to the plan below, on the mat facing the central table.



Safety rules:

Each club will be entitled to two badges allowing them to follow their students on the training area and the mats for fights only. It is imperative for the safety of everyone and for the smooth running of the competition to respect the following safety rules:

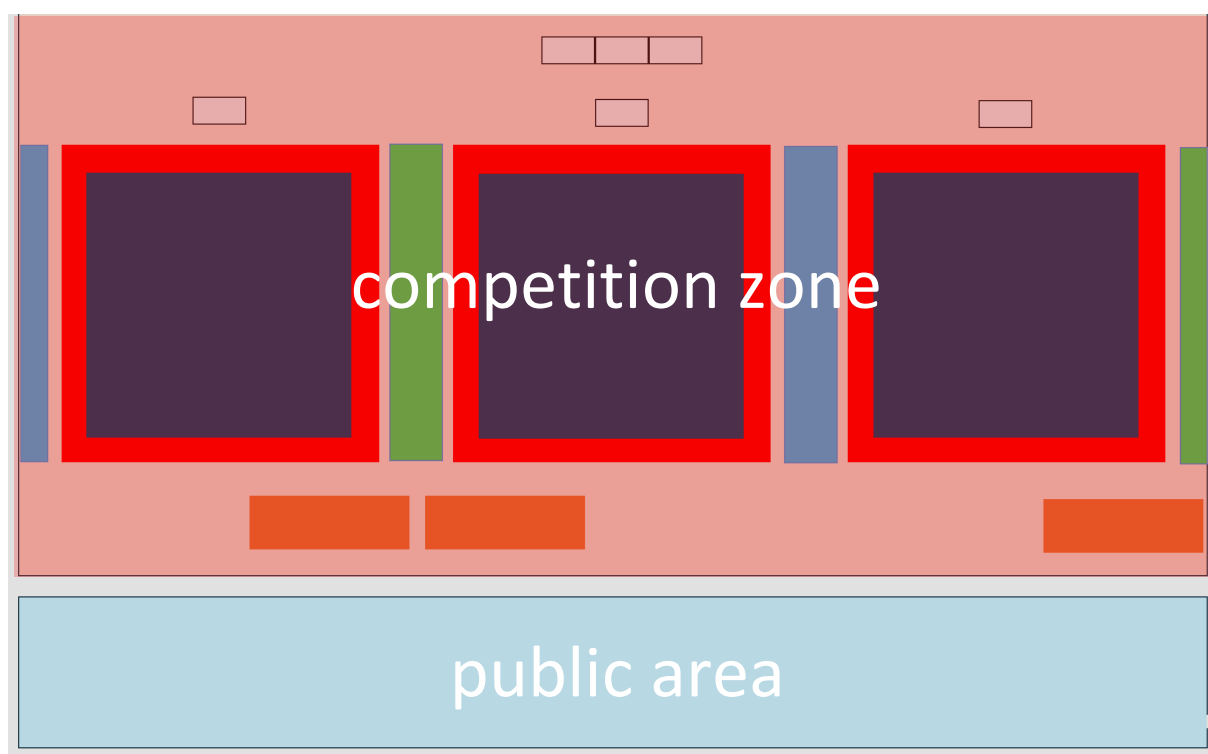
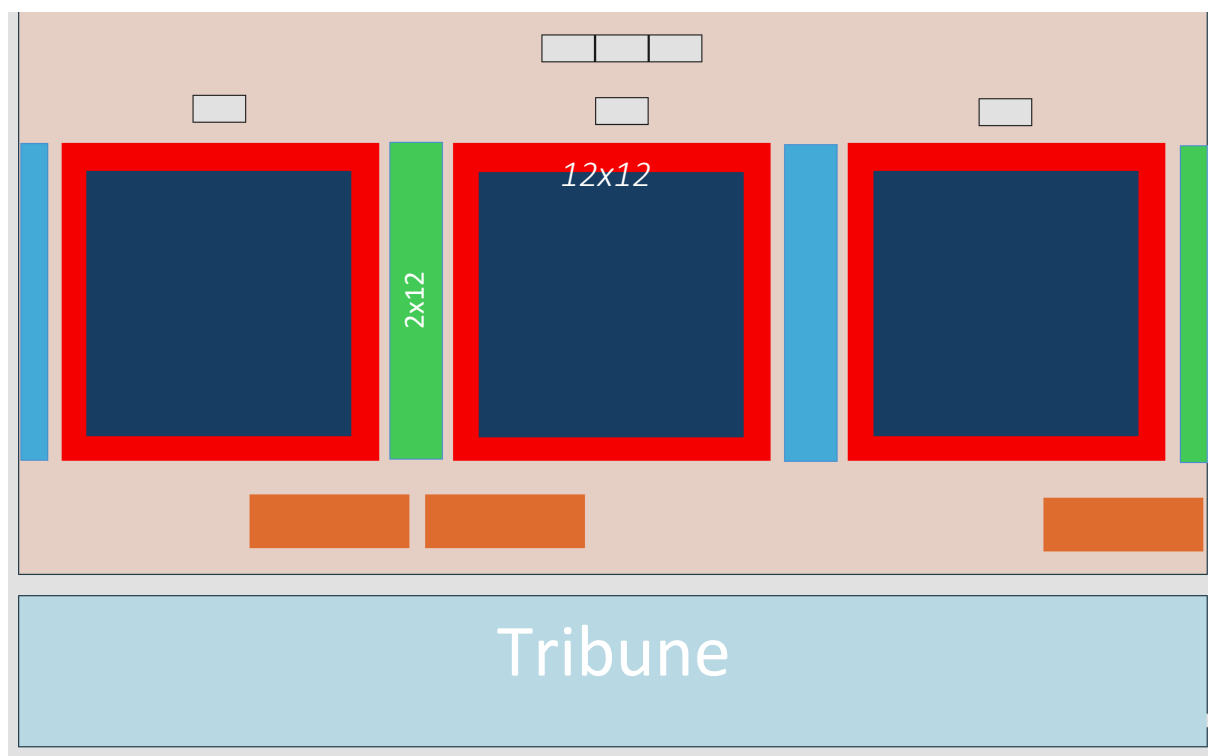
- The public must remain in the stands.
- The podium will be placed facing the stands so that the public can take photos from the stands.

Competitors have access to the area:

- Of the podium during the award ceremony.
- Of training.
- Of passage only by invitation.
- Coaches with badges have access to the area:
- Of the podium during the award ceremony.
- Of training.
- Of passage only by invitation.
- The refereeing body has access to all areas.

The layout of the room with the authorized areas:

Room layout:



Open categories:

Age categories:

CHILDREN TECHNIQUES and FIGHTS	Ages in 2025	Conditions	Years
Benjamins	10 - 11 years old	born between	2014 – 2015
Minimes	12 - 13 years old	born between	2012 – 2013
Cadets	14 - 15 years old	born between	2010 – 2011
ADULT TECHNIQUES			
Open	16 years old et +	born before	2010
ADULT FIGHTS			
Juniors	16- 17 years old	born between	2009 - 2008
Séniors	18 years old et +	born between	2007 - 1990
Vétérans	+ de 35 years old		1989 et +

Technical events:

Individual events: Female / Male:

- 24 events (12 female & 12 male)
- Identical categories for women and men

Quota per club:

- 15 events maximum
- 2 events maximum per participant for French clubs
- 3 events maximum per participant for foreign clubs

Detailed list of technical events:

Open category (born in 2009 and before):

- Lão Mai Quyền
- Hùng Kê Quyền
- Ngọc Trần Quyền
- Lão Hồ Thượng Sơn
- Song Tuyết Kiếm
- Phong Hoa Đao
- Thái Sơn Côn
- Thanh Long Độc Kiếm
- Tứ Linh Đao
- Bát Quái Côn
- Siêu Xung Thiên

- Độc Lư Thương
- Bare hands free
- Short weapons free
- Long weapons free
- Flexible and articulated weapons free

Cadet category (2010 – 2011) :

- Bare hands free
- Short weapons free
- Long weapons free
- Flexible and articulated weapons free

Minime category (2012 – 2013) :

- Bare hands free
- Short weapons free
- Long weapons free
- Flexible and articulated weapons free

Catégorie Benjamin (2014 – 2015) :

- Bare hands free
- Short weapons free
- Long weapons free
- Flexible and articulated weapons free

Combat events:

- Categories from Benjamin to veteran
- Outfit: Simple red or blue t-shirt
- Semi-contact
- Quota per club: 10 fighters maximum

Age categories from Benjamin to veteran are open in 5 kg increments. There is no weight category beyond 95 kg.



Warning to fighters: Bring your own T-shirts for the competition: one blue and one red.

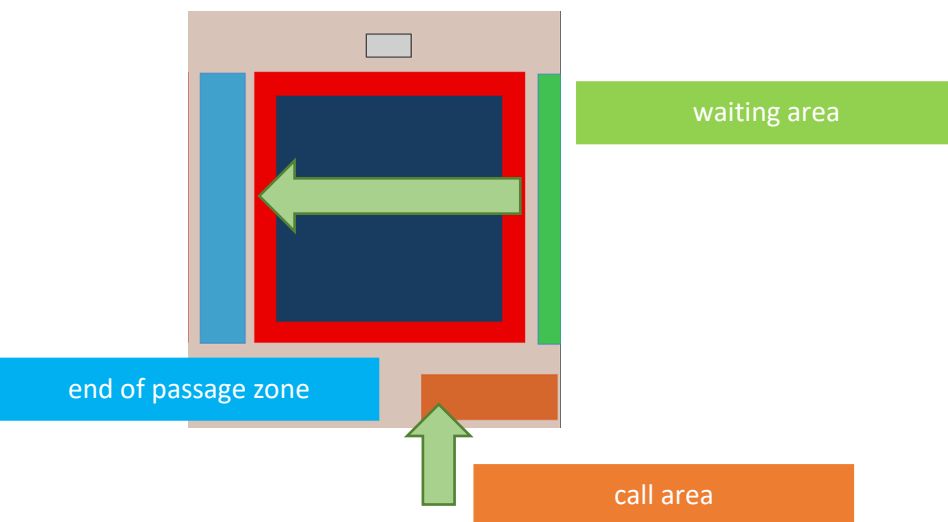
If you wish, you can purchase red and blue T-shirts with the Vo Co Truyen federation logo by pre-ordering : asfodele.asso@gmail.com

Reminder of the technical passage rules:

Passage rules:

To respect the schedule, it is imperative to apply the following rules:

- Call of competitors in the "call zone";
- Arrange in the order of passage;
- At the end of the previous category, all competitors (with their weapons) from the call zone move to the mat for the greeting with the judges;
- They then go to the "waiting area for the start of the passage" except for the first in the category;
- The competitor or group places themselves where they want on the blue part of the mat and waits;
- The competitor or group will start their performance when they want once the gong has sounded;
- Once finished, the competitor or group waits on the spot for the announcement of the scores;
- Finally, they move to the "waiting area for the end of the passage";
- It is possible that they will be called back for a tie, so competitors in this area should not leave before the end of the category;
- At the end of all passages, all competitors in the category present themselves on the mat for the final greeting and leave from the "waiting area for the end of the passage";
- The next category enters, and so on...



Good Compétition

Patrick Balduena
competition manager
FVCTVNF



Vo Co Truyen, Traditional Vietnamese Martial Arts, each
with their own style. a federation for all!